

STROOP TEST

Duration: 30, 45, or 60 seconds

Directions: By following the lines and as quickly as possible, name out loud the color of ink each word is printed in (not what the word says). When you reach the end of the page, start again from the beginning.

BLUE RED BLUE BLUE YELLOW

RED GREEN YELLOW GREEN YELLOW

GREEN YELLOW YELLOW GREEN RED

YELLOW GREEN BLUE YELLOW RED

YELLOW YELLOW GREEN BLUE RED

GREEN YELLOW GREEN RED BLUE

BLUE RED GREEN RED YELLOW

YELLOW YELLOW YELLOW BLUE GREEN

RED YELLOW RED BLUE RED

RED GREEN BLUE GREEN BLUE